



## Illness

Period of time child should be kept off school-

**Chickenpox:** 5 days from onset of rash

**German Measles:** 6 days from onset of rash

**Measles:** 4 days from onset of rash.

**Impetigo:** Until lesions are crusted and healed or 48 hours after commencing antibiotic treatment.

**Scarlet Fever:** 24 hours after commencing appropriate antibiotic treatment.

**Diarrhoea and/or vomiting:** 48 hours after last episode of diarrhoea and/or vomiting.

**Flu:** Until recovered.

**Mumps:** 5 days from onset of swelling.

**Covid-19:** If you have a positive COVID-19 test, the earliest you can end your period of self-isolation is on day six - providing your lateral flow tests on day five and six are both negative and you do not have a high temperature. Your day five and day six lateral flow tests should be at least 24 hours apart. If either is positive, you should continue to isolate until you get two negative lateral flow tests taken 24 hours apart, or after you have completed 10 full days of isolation – whichever is earlier. **Please note that the first day of symptoms or the day of the 1<sup>st</sup> positive LFT is known as day 0. Counting of isolation days starts the following day.**

If any symptoms present a child must isolate for 10 days, even if the test shows negative.

**The main symptoms of COVID-19 are:**

- **a high temperature**
- **a new, continuous cough – this means coughing a lot, for more than an hour, or 3 or more coughing episodes in 24 hours**
- **a loss or change to sense of smell or taste – this means they cannot smell or taste anything, or things smell or taste different to normal**